

HE MIHI



Greetings friends and whānau

Well, it has been a long two years since we last did a newsletter - so we are overdue for another catch up.

Actually, our last issue was part-way through the Covid-19 pandemic. I can remember vividly when Covid arrived in NZ in February 2020. Patrick and I were in Vancouver having just completed some mahi in our Hawaii office, and we watched TV One and saw our former Prime Minister Jacinda Adern looking down the camera and saying, “*New Zealanders, it’s time to come home*” and we couldn’t call Air New Zealand fast enough to get home before the country locked down. And lock down it did.

While we are now over the worst of it – it was also a stark reminder of how important it is to have an airfare saved up when living overseas so you can get home fast, and also how fragile life can be. Being home safe in the haven of Aotearoa and being able to get to whānau and make sure they are okay is critical. The same can be said of the recent Cyclone Gabrielle impacts on our whenua back home at Tangoio north of Napier. We include a little story of those impacts on our whenua, Marae and Urupā in this issue. Climate change is upon us and many of us feel the impacts every day – but community resilience is amazing. How we support one another in times of crisis is unmatched.

IN THIS TE HONONGA:

- He Mihi – a welcome
- 20th Birthday Celebration
- Aotearoa Mahi – an update of work within New Zealand
- Canada Mahi – an update of work within Canada
- Hawaii Mahi – an update of US work
- Te Tini a Maui

Merry Christmas and Happy New Year to all!!



Kataraina Godfery



Celine Antipas

On the work front, we have had to say goodbye to one of our workers in our Canada office – Jonathan McLeod (Jono), formerly of Te Puni Kokiri. He joined our Canada team in June 2022 and did amazing work with one of the local First Nations in Vancouver, Squamish Nation. He was so loved by them that he ended up working for multiple departments at the Nation. Sadly, he left us in September 2023 for greener pastures in Europe and beyond. Thank you, Jono, for your short but impactful time with us. On a high note, a replacement came highly recommended, and we are pleased to be joined by Kataraina Godfery, also former Te Puni Kokiri employee seconded over to (former) Minister Jackson’s office. We are so pleased to have Kataraina join our Canada team and to continue the good work of her predecessors. Also - in our Canada team Celine Antipas has joined us to help cope with the logistics and work of the office. Work is pumping in Canada “for sure eh”!

HE MIHI

For us in Aotearoa, myself Patrick and Lisa, we certainly keep ourselves busy. I finished a full-time contract in the Māori Health Authority (Te Aka Whai Ora) in the first half of 2023; Lisa has been kept busy in Wairoa, writing proposals, working on a national Child Cancer project, a quality system project in Te Whakatōhea and undertaking an evaluation of an excellent diving programme for Rangatahi; and Patrick has been busy with Matariki and Mana Ake implementation. In between we managed to squeeze in a Kapa Haka event as well.

Finally - the true sadness of this year has come with the unexpected loss of our young nephew Adrian Andrews who passed in August 2023. He was a healthy young man who succumbed to an infection, and we mourn his loss terribly. He was always the reliable moko who lived in Napier and took care of his Nan and brought her fish and seafood ... we will truly miss him for a long time. Moe mai e Tama. And another great loss as a friend and a stalwart in the Hauora Māori sector, we mourn the passing of Gwen Te Pania Palmer. She did an incredible amount of work over the years in Māori health, and I enjoyed working with her during her time in the 1990s at Northern Health while I was at Central Health, and later together in the Health Funding Authority. She has gone to the other side to join our old friend and mentor Rob Cooper who managed (or tried to) both Gwen and I at the HFA. Moe mai e kui. Here is a group of us who met up at Gwen's tangi after many years – also a group of Hauora Māori stalwarts (or has-beens LOL?).



Adrian Andrews



Left to right: Nigel Chee, Chad Paraone, Marty Rogers, Linda Thompson, John Whaanga, Te Aniwa Tutara, Mara Andrews and Dr Mataroria Lyndon

We give thanks to those who continue to support us at Kāhui Tautoko Consulting – we know we wouldn't exist without you all, as we move closer to 25 years in the business. Thank you all again and wishing you all a wonderful restful Christmas and New Year. Nga mihi nui, Mara Andrews and team

HAPPY 20TH BIRTHDAY KĀHUI TAUTOKO CONSULTING

While our Company started in July 2000, we were unable to celebrate our 20th birthday in July 2020 due to Covid – but we made up for it by having the celebration in July 2021 instead! With the wonderful organisation and support of the Wharewaka team on the Wellington Waterfront, a great night was had to whānau and friends – many of whom who had travelled from afar to join us. We thank all of you to supporting us over these 20 years and who still support us today and give us a call to help you in your mahi. It was so lovely to see you all and to enjoy some informal time together, have a boogie and have some laughs! We hope to see you all at the 25th celebration!



PRIVILEGED ROLE IN FORMATION OF TE AKA WHAI ORA

Health and Disability System Review

Final Report Pūrongo Whakamutunga

March 2020 | Poutū-te-rangi 2020

New Zealand
HEALTH AND DISABILITY System Review
HAUORA MANAAKI ki Aotearoa Whānui

After several decades in the health sector, a 12-year stint living away in Canada, and a sudden return to Aotearoa to get through the Covid outbreak near whānau - it was very surprising to get a call in April 2021 from Chad Paraone inviting me to join the Health Transition Unit. I was still in Canada when the Health and Disability Review was done and hadn't even looked at it in detail until I returned to Aotearoa.

But what a surprise to read the findings and recommendations, and then to be asked to join the Health Transition Unit to help implement the changes.



DPMC

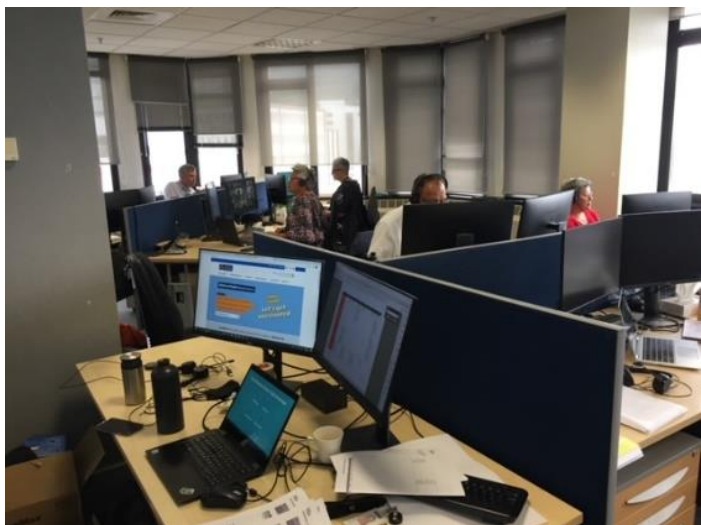
[Home](#) > [DPMC's business units](#) > [Health and Disability Review Transition Unit](#)

Health and Disability Review Transition Unit

This included helping a small but mighty team to form up a new Māori Health Authority; initiating conversations about establishing Iwi Māori Partnership Boards with Iwi Māori across the motu; getting involved in discussions about what 'localities' would look like; and prepping to commit funding that had been set aside for commissioning.

Good old Chad agreed to a couple of days a week of my time for 3 months. Well - that quickly turned to be insufficient time for the work that had to be done and very soon I was at full-time capacity. I am so proud of the little team that was there: Chad, Rawinia Mariner, Bernard Te Paa, Kathrine Clarke, Nigel Chee and Nicola Ehai and soon we were joined by several others to contribute to the work. This photo of Bernard's head, Nicola's side and Katherine shows the focus (yeah right – they're probably on Facebook LOL) – in our little corner of DPMC's Health Transition Unit.

People agreed to be seconded in from DHBs, MOH and other agencies to help. Very soon we occupied a corner of the HTU space in the DPMC building and almost put up our Tino Rangatiratanga flag! If I must say so myself, I think we were the "cool corner". Huge thanks to all those who were seconded in – you know who you are and every bit of your contribution was valuable.



PRIVILEGED ROLE IN FORMATION OF TE AKA WHAI ORA

After July 2021 we had the privilege of working with Rawinia and the Steering Group led by Ta Mason Durie who went about their business very quickly to establish the interim Māori Health Authority Board who started around November 2021. By then my mate Bernard and I had been having several hui with Iwi / Māori roopu across the country to discuss the formation of Iwi Māori Partnership Boards (IMPBs). And this was all going on while the Pae Ora Bill was still in draft and going through the motions of government. We were working based on draft provisions knowing that potentially some of those provisions could change.

- Forming IMPBs
- MHA formation
- Commissioning
- Birth of Te Aka Whai Ora on 1 July

And soon the new interim Board was appointed followed by the appointment of the CE Riana Manuel in February 2022, Juanita Te Kani to lead our policy work, and Deb Te Kawa to lead the new Board Secretariat. The team (pictured):



I then moved into an interim Deputy CE role of “Service Development and Relations” meaning I had all the service development &

commissioning staff for Primary & Community Care, Mental Health, Public Health, Child Health, Hospital & Specialist Services and Localities – as well as the “relations” team who led the formation of IMPBs. Again - the “interim” role was only meant to be for a few months, but that ended up being just over a year before I was replaced by permanent DCEs – Kingi Kiriona for Matauranga Māori (including IMPBs); Jade Sewell for Service Development and Selah Hart for Public & Population Health. They inherited a massive portfolio of work – not only having to commission funds held by the MHA, but also to ensure our involvement in Te Whatu Ora’s work; to lead new development work; and to support the management and Board.

While my role has (thankfully) downsized to specific projects now – I am ever thankful for the privileged role I had over that entire period and being able to make a small contribution to the work. I was fortunate to have amazing Managers and kaimahi reporting to me, great commissioning and service specialists, great partners in Te Whatu Ora and excellent engagement with Iwi Māori forming the IMPBs. On that note I must make special mention of the work initially of Bernard Te Paa, and later Rawinia Mariner and Sharlaine Chee – without whose work at grass roots, we might never have got the IMPBs up and running. They were out there engaging, informing, supporting (and sometimes saying “hurry up”) to support the standing up of over 15 IMPBs nationally and bringing our people’s voice to the table. I see great things ahead for the IMPBs, despite the changes in Government. And on that final note, all I can say is that I am sad to see the “undo” button being pressed for the years of work that have been done with the Health and Disability Review, Tribunal Claims, the Transition Unit work and Te Aka Whai Ora. Say no more ... sniffle sniffle

HĪ IKA – RANGATAHI TĀNE DIVE PROGRAMME

We were very fortunate to be asked to evaluate a diving programme, called Hī Ika. We were invited to the launch, met the key stakeholders and the following week the 12-week pilot programme based out of Masterton began.

Hī Ika is a programme that is grounded on core Māori values and use Diving as a vehicle to understand the unseen healing energies of Tangaroa (Māori deity of the ocean) to teach Rangatahi Tāne about who they are and inspire success to thrive in the future.

Six Rangatahi Tāne were selected from the community of Wairarapa to participate in this pilot and were mentored by an existing community group of men, a diving group called Brothaz of Tangaroa.

Hī Ika combined teaching these young men about who they are through the lens of Te Ao Māori (Māori worldview) using the lessons from pūrākau (traditional Māori stories), karakia (prayers) and the role of being a kaitiaki (guardian) of the moana (ocean). These 'theory' days all contributed to the practical sessions of diving skills. Included in these theory days, the Rangatahi Tāne also learnt about goal setting and the steps needed to meet those goals.

Diving is a complex and high-level skill that could literally be life and death if not properly taught. It was baby steps, learning in the pool, learning how to use appropriate gear and equipment on land, understanding weather maps before going into the ocean.

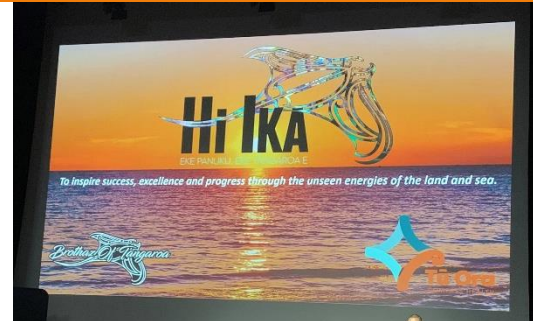
The combination of both theory and practical sessions opened a new world for these Rangatahi Tāne. When they were able to go out diving the sense of purpose and achievement was ignited by providing kaimoana (seafood) for their families and doing this all with the skills and knowledge they had learned in the preceding weeks.



As expected with any pilot some valuable learnings were highlighted. Five of the six Rangatahi Tāne were at high school, so there were opportunities (which eventually came through) for some NCEA credits to be achieved. For all the Rangatahi Tāne, most of their goals centred around finding a job to buy a car, save etc., therefore the steps required and taught to reach those goals meant writing up a CV and learning about interviews – all great life skills to be taught at a young age.

Many successes were celebrated throughout and after the pilot and can be attributed to the dedication and commitment of key stakeholders and volunteers who came in and facilitated a section of the pilot. Whether that be connected to Te Ao Māori, or to the diving component. Each facilitator agreed and understood and worked towards the common goal to inspire excellence and progress through the unseen energies of the land and sea.

The point of difference and uniqueness of Hī Ika was that the main kaimahi was a member of the men's group Brothaz of Tangaroa. Through his lived experience of being a recipient of the healing powers of the ocean, his passion and determination to share his experiences contributed to a very successful pilot.



KŌRERO PONO: UNDERSTANDING THE EXPERIENCES OF CHILD CANCER WHĀNAU



**National Child
Cancer Network**^{NZ}
Linking Care / Sharing Knowledge / Advancing Best Practice

Hearing the Big “C” word, I can only imagine people go into shock, there is a sense of feeling overwhelmed and sadness, add on another layer that it is about your child can only but send a whānau on a rollercoaster of emotions.

It has been quite an experience and one of personal growth to work with the National Child Cancer Network and an advisory team of health practitioners in the nationwide research of Kōrero Pono, understanding the experiences of child cancer from whānau. A whānau centred research whereby the voices of the whānau lies at the heart of the research.

We were supported with whānau engagement by our colleagues from Mana Pacific Consultants in this journey which has literally taken us all over NZ, both in person and online interviewing 43 whānau who’s child had been diagnosed with Cancer in the last five years, from the far North up in Kaitaia, all throughout the North and South Island, right down to the Deep South of Invercargill.

There were four overarching areas that we wanted to get feedback from which included,

1. The experiences of travelling to and from specialist centres,
2. access to supportive care
3. how culturally appropriate the care was.
4. Future improvements for child cancer services.

Several interesting points came through, such as the impact of the other Big C, Covid and the lockdowns being both a blessing, due to their child being immune-compromised and needing to be in isolation, to a curse, since the Cancer journey is not just the journey of the child and parent, but of the whānau and community.

As we continue with the analysis of the 43 whānau interviews I was reminded of the openness and willingness of whānau to open their hearts to share their experiences of going through the Cancer journey of their child, and this has been both humbling and a privilege.

Several themes have emerged, and I often asked the families to share, the Good, the Bad and the Ugly. Some examples shared include,

The good - overwhelming support and go above and beyond of kaimahi of key organisations, such as Child Cancer Foundation, Leukemia Blood Centre and Canteen.

The bad include some inconsistencies in processes and communications, luckily fixable.

The Ugly include the reality and the impact that this has on the whānau, financially, on relationships and on the health of whānau.

KŌRERO PONO: UNDERSTANDING THE EXPERIENCES OF CHILD CANCER WHĀNAU

If anything, this research has highlighted that regardless of education, income, cultural and spiritual beliefs, Cancer can affect anyone.

I am in awe of the positive and upbeat attitude that whānau had being dealt cards like this and their optimism of seeing the world as half glass full. If anything, it has made me reassess how grateful I am in my life now to have such a supportive whānau, and all things considering all of them are relatively healthy.

The Child Cancer Foundation as a key stakeholder of this kaupapa sums up the journey with a great whakataukī

Tō tuāoma timatatanga
Ō kawenga pikau mahi
Ka hāere tonu ia ra, ia ra
Mō ō ratou orange



Your journey began
With challenges day after day
With integrity and commitment
We support you and your whānau with empathy

MATARIKI AHUNGA NUI

Te rā aro ki a Matariki – the Matariki public holiday – was launched on Friday 24 June 2022 with a focus on building national awareness of the mātauranga that underpins the practices, traditions, and teachings associated with te kāhui o Matariki. We were there among the excitement, working with the Office for Māori Crown Relations – Te Arawhiti to design and implement a contestable fund to support iwi Māori to regenerate and celebrate their local practices relating to te kāhui o Matariki.

The passing of the bilingual legislation Te Ture mō te Hararei Tūmatanui o te Kāhui o Matariki 2022 – the Te Kāhui o Matariki Public Holiday Act 2022 – established the annual public holiday. The timing of the holiday was determined by the Māori phases of the moon. The bilingual Act ensured that Matariki principles were recognised and enabled the recognition of mātauranga Māori within legislation.

The Act led to the creation of Matariki Ahunga Nui – a fund of money (administered by Te Arawhiti) to support the celebration of te kāhui o Matariki. The fund was designed to enable iwi Māori groups to host events, engage in research, coordinate wānanga, and or create resources that highlighted their local Matariki teachings. Our team was engaged to support establishing, administering, and reporting on the Matariki Ahunga Nui fund.



MATARIKI AHUNGA NUI



The KTCL team worked closely with Professor Rangī Mātāmua and the team of Te Arawhiti officials to design the objectives and outcomes of the fund; to establish the online funding portal and enable functionality; to develop the information and tools to support applicants; and to lead the internal administration of processing applications and communicating with applicant groups – and what a ride it was!

The fund invested \$5million into 60 applications from iwi Māori organisations across the motu. A variety of festivals, wānanga, activity books, songs, dinners, and concerts (among many other things) were supported in communities. The kaupapa that were funded varied in size and reach but all focussed on regenerating mātauranga associated with te kāhui o Matariki.

The fund also supported the organisation and live broadcast of the first national hautapu that was hosted by Te Papa. We had a front row seat to all of the action – the opening of the first Te Papa exhibition; the dress rehearsals to confirm the timing of the ceremony; the orange sky at the conclusion of the hautapu karakia; and the official breakfast where Professor Sir Pou Temara acknowledged the “moment in time” – recognising New Zealand’s first indigenous public holiday.

Matariki Ahunga Nui provided great bounties for many Māori communities and we’re grateful to have supported the team to make it happen.

MANA AKE HAWKE’S BAY

We have recently been involved in supporting Te Whatu Ora – Te Matau a Māui to develop a localised version of a programme called Mana Ake. Mana Ake is an initiative that increases access to mental wellness supports for primary and intermediate school tamariki. It is a regionally adapted initiative that was introduced to support the mental wellbeing of primary and intermediate school children in Christchurch after the earthquakes. Since its introduction, Mana Ake has been tailored and delivered in Northland, West Coast South Island, and Waiariki districts.

The Hawke's Bay and Tairāwhiti regions have been included in the Mana Ake programme as a response to the impacts of Cyclone Gabrielle. Our focus has been on the planning, co-design engagement, and concept development of Mana Ake Hawke’s Bay.

The effects of the cyclone are probably familiar to many of you. The impact of the cyclone is still being felt by many at varying levels. Engagement with different groups during the codesign phase highlighted how some schools remain in temporary facilities, how repairs are still occurring in sites, and how some tamariki find long rainy days concerning. The cyclone response is ongoing as the region returns to some level of “normality”.

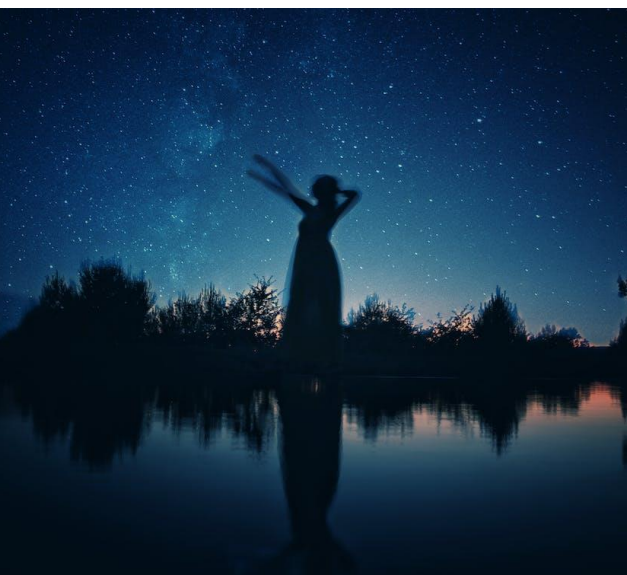


MANA AKE HAWKE'S BAY

The codesign phase required engagement with relevant stakeholders. This included hui with the local principal's association, the kāhui ako (local school collectives), teachers, whānau, tamariki, local organisations and agencies. A series of hui, emails, phone conversations and visits were held to identify the gaps in mental wellbeing support, explore possible solutions, and design appropriate responses that work within the local context.

Some of the things we heard include:

- There is a high demand for in school counselling services. The need outweighs the available supports.
- Access to school services vary with some schools accessing little to no services. Some of the schools receiving no services are those that have been impacted significantly by the cyclone.
- Schools and kāhui ako have been required to develop their own support services with baseline funding. These solutions are to meet the growing need for supports within schools.
- Services are available but they operate in isolation of other services. The onus is left on the schools to find and access supporting services.
- Limited availability of Māori focussed programmes that can be delivered in te reo Māori if needed.
- The existing services target the tamariki with limited support available to whānau and teachers.



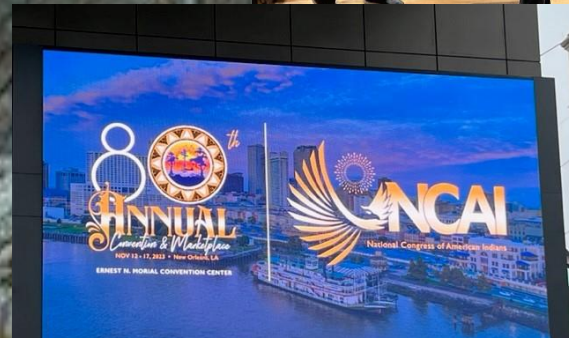
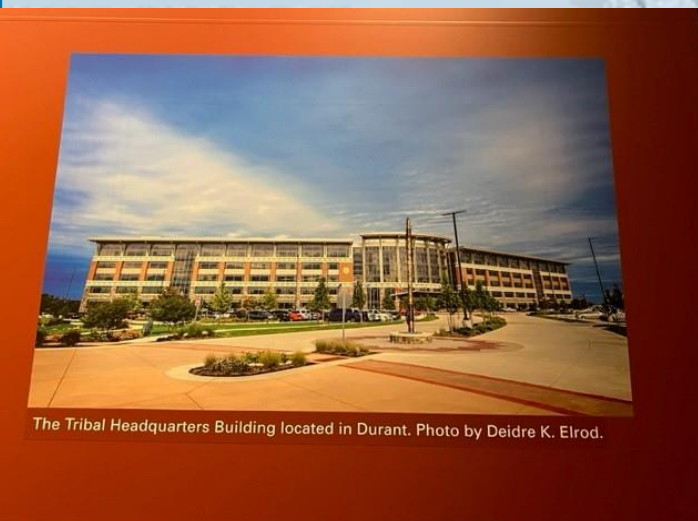
The proposed Mana Ake Hawke's Bay service is currently designed to provide another support service within schools; to support tamariki, whānau, school staff, and the broader community; to encourage collaboration with existing services; and to be grounded in a te ao Māori approach. The service is proposed to have a central team to coordinate provider delivery across the region – from Central Hawke's Bay to Wairoa. It is also proposed to include group activities in schools with tamariki, teachers, and whānau. Finally, the delivery will be underpinned by a Māori philosophy and provide access to matakite and wairuatanga focussed cultural therapy. The programme is planned to be implemented from term 1 of 2024.

The service will be implemented in a phased approach in 2024. The first phase of implementation will be to support priority one schools which are those impacted by the cyclone. The next phase will include the schools with no existing services, leaving the remaining schools to be supported in phase 3. The programme will be evaluated at the end of the year.

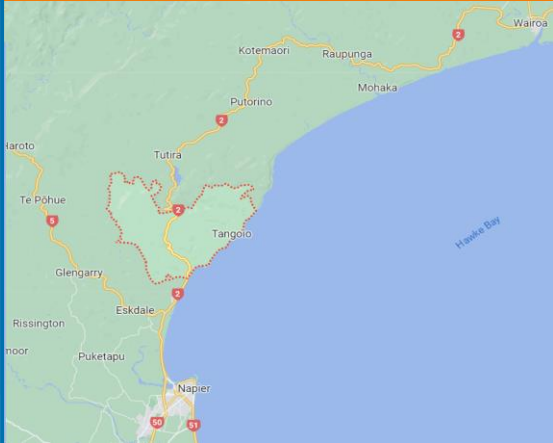
TE HIKOI RANGAHAU NOVEMBER 2023

Mara was very privileged to organise and escort a group of Iwi leaders and support personnel from Ngāti Toa, Rangitaane and Ngāti Tūwharetoa to undertake a study tour to Oklahoma in November 2023 visiting the Choctaw, Chickasaw and Cherokee Nations. The Rangitaane contingent then went on to attend the National Congress of American Indians Annual 80th Convention in New Orleans.

The Choctaw, Chickasaw and Cherokee Nations are acknowledged within the US to be some of the most progressive and successful Tribes in the country. They are three members of what is known as the “Five Civilised Tribes” in Oklahoma along with Muscogee Creek Nation and the Seminole Nation. Key learnings from this tour related to learning from role models in indigenous leadership capability (especially in a sovereignty environment); exposure to initiatives/strategies that accelerate indigenous growth incorporating economic, social, cultural and data sovereignty; exposure to excellence pertaining to health integrated service delivery self-governed by Tribes; and lessons from Tribal unity at a Tribal, State and national level. The NCAI conference celebrating 80 years of Tribal unity as a national congress was exceptional. To maintain a membership of over 570 Tribes in a country the size of the US, over a continuing period of 80 years is a great achievement. The democratic processes of decision-making; the focus on strengthening sovereignty and asserting Treaty rights; the national lobbying into all facets of US government; and the government-to-government nature of their relationships – was both heartening and inspirational. Below are some of the photos we took of the Tribes’ extensive infrastructure and the national conference.



DEVASTATION OF CYCLONE GABRIELLE HITS CLOSE TO HOME



With neither of us (Careene or Mara) living in the area, we didn't know the extent of the Cyclone devastation. Phone lines were cut off, no power and we just couldn't get through to our mother or whānau to see what was happening and if everyone was okay. Thankfully our nephew made sure his Nan had kai, a gas bottle and cooker and was safe. But the impact on our beloved Tangoio Marae just brought us to tears ... soon photos emerged of the floods impact and silt that made its way into our whareniui at Tangoio ... we just couldn't imagine how this was even possible. And our Pou and Tukutuku panels ... tears were flowing



And it wasn't only our Marae that was hit – the Urupā where our grandfather and many tupuna lie was also damaged. We have two Urupā on the main road SH2 – the old Tangoio Urupā and the new Urupā. Both had silt come across SH2 and up into the Urupā.

The silt and sludge wiped out the front fence and covered our lower graves. So the whānau committed not only to working on the whenua to remove the silt, but to undertaking work on our Marae and our Urupā. Thankfully today we've been able to build a new block wall to future proof our Urupā for the future! So next time you drive between Napier and Wairoa – give our Tupuna a toot as they lay protected behind the fancy new wall!

And to other members of our whānau, working to clean and repair our whakairo, our Marae and our whenua in the Tangoio Valley, nga mihi nui ... may we never have to face this again in our lifetimes



HUY CH Q'U: News from Kāhui Tautoko Consulting, Canada



Greetings from Canada



Kāhui Tautoko Canada is located in Vancouver on the unceded territories of the Musqueam, Squamish, and Tsleil-Waututh Nation peoples. We acknowledge that we are 'visitors' to the territories of the First Nation Peoples of Turtle Island (Canada), however due to the friendships and graciousness of the Indigenous peoples and organizations we are so humbled to work with, we certainly do not feel like visitors – we feel like family! Without fail, we are welcomed with open arms and cultural connection when we visit communities, which demonstrates the beauty and humbleness of the Indigenous peoples we are so grateful to work alongside. We wish to express that the value of this openness and kindness will never be undermined or undervalued. We do wish however that you would stop feeding us so well (which we appreciate is a traditional custom) – we are tending to wear more stretchy pants these days! Jokes aside, we thank and acknowledge all our clients for the very special connections we have made and for allowing us to support you with your important work. We are grateful to share some of this work with people we see as more than work colleagues but as Indigenous brothers and sisters – family!

FIRST NATIONS ABORIGINAL PRIMARY CARE NETWORK

The First Nations Aboriginal Primary Care Network (FNAPCN) is currently an informal collaboration comprised of eight Indigenous Primary Care Clinics who collaborate on a vast array of Primary Care initiatives in an effort to improve Indigenous health outcomes for the 10,000 people they serve in lower mainland Vancouver and Sunshine Coast:



**First Nations and Aboriginal
PRIMARY CARE NETWORK**

Sovereign Nations	Urban Indigenous Organizations
Musqueam Indian Band	Kilala Lelum Health & Wellness Cooperative
Squamish Nation	Lu'ma Medical Centre Society
Tsleil-Wautuh Nation	Urban Native Youth Association (UNYA)
Tla'amin Nation	Vancouver Aboriginal Health Society (VAHS)

Our Kāhui Tautoko Canada office has certainly been intellectually challenged trying to keep up with all of the FNAPCN member's strategic minds. Members of this group are so innovative, creative, knowledgeable, and most importantly passionate about what they do. Their strategy development and decision making always centres Indigenous peoples and First Nation people and communities. A month wouldn't go by without a new idea being put forward – from measuring Wellness (rather than deficit disease focus) to Mobile Primary Care units to Indigenous birthing centres to strategies to support the Opioid Crisis to Elder/Healer supported models of holistic care – and so much more! You should see our FNAPCN files.

FIRST NATIONS ABORIGINAL PRIMARY CARE NETWORK

This group is definitely a leader in their field, but they will never say this and just continue to find the best solutions for improving Indigenous health outcomes and for finding every opportunity for removing access barriers. We hope one day they are recognized for their efforts as they certainly deserve it. We were fortunate to support the FNAPCN visit to Tla'amin Nation this year (after 4 years of wanting to) to not only update the FNAPCN Strategic Plan but to also observe the very progressive and beautiful treaty Nation – definitely could have stayed a week!!!! Many quoting Arnold Schwarzenegger's "I'll be back!" We were also humbled to support the FNAPCN by arranging a FNACPN Elder/Healer tour – the most fun day ever, especially when you hear the Elders giggling and laughing throughout the day. Such wisdom shared on the tour and how they see their roles in Primary Care. We can write 20 pages in this newsletter of all the things the FNAPCN have achieved over the past year. If you didn't exist, we truly do wonder if community members would access healthcare at all – we believe you save lives! Thank you FNAPCN for allowing us to walk alongside you on this journey.





ĆEĆAWET LEĻƏM HELPING HOUSE – TSLEIL-WAUTUTH NATION



Tsleil-Waututh Nation means “The People of the Inlet” and whose territories are centred around the Burrard Inlet, between Maplewood Flats and Deep Cove in North Vancouver, British Columbia. Tsleil-Waututh Nation is a small but growing community with close to 650 registered members. The stewardship of their lands and waters is of utmost priority and they implement strategies and protest to reflect this protection endeavour – such a significant sense of pride in the community. And they are great paddlers!!!! Ćećawet leĻəM Helping House (Health & Wellness Department) is one of five departments under the umbrella of Tsleil-Waututh Nation and who we have been grateful to work and walk alongside since our establishment in Vancouver in 2012, amongst supporting some of the other departments in their vision.



It has been an honour to watch Tsleil-Waututh Nation take back their sovereignty and culture through very strong leadership and through continually seeking guidance from their community. Every decision they make (and that we have been so humbled to be part of), has been through honouring community voices – a BY community FOR community approach. There is so much passion in the community that it

inspires us to support them wherever we can. We have been humbled to facilitate Strategic Planning sessions, support the development of a Climate Change strategy and subsequent impacts on health, support the maintaining of their Accreditation status, and so many more innovative ventures that keep the community progressive and thriving for their future generations. We wish to also acknowledge Ćećawet leĻəM Helping House for their honouring and healing work alongside Elders and for being awarded the 2023 BC Quality Award Winner for their cultural Palliative Care project. Thank you Tsleil-Waututh Nation for allowing us to be part of your full jurisdiction journey and we are excited about all the ventures you have on the horizon!

WINNER

COPING WITH
TRANSITION FROM LIFE

**The Indigenous
Palliative Care Projects**



XAAYDAGA DLAANG SOCIETY – SKIDEGATE HEALTH CENTRE (HAIDA GWAII)

Kāhui Tautoko Consulting has been fortunate to work alongside XaaydaGa Dlaang Society for over ten years on numerous projects. XaaydaGa Dlaang Society is located in Skidegate on the beautiful island of Haida Gwaii. It is one of those relationships that we definitely feel like we have a second family where we are welcomed every time we come. We have a strong cultural connection and if we are honest, Haida Gwaii reminds us of our home in Aotearoa (New Zealand). There is nothing they won't do for us, including giving up their home for us to sleep (actually we are not allowed to stay anywhere else) and feeding us like 10 times a day lol!!!

But in all seriousness, one of the projects we were humbled to support was facilitating the engagement to establish the new Health Centre and to support the selection process for the Super Natural Being Carvings. And to see the new Health Centre come to fruition and the unveiling of the carvings was a very special moment which we were humbled to be invited to share in the celebrations. We formally gifted a taonga (treasures) to acknowledge the link between the Haida Nation-Skidegate and Indigenous Māori from New Zealand, through our common connection to the ocean we share, and as a part of blessing our new Health and Wellness Centre. The taonga represents the importance of Indigenous relationships, connections, and sharing of knowledge, and acknowledgment mutual respect between our peoples, and the esteem in which we hold each other.

We acknowledge our Haida family for displaying our taonga in the new Health and Wellness Centre, which entails two framed piū piū (meaning to *wave about, oscillate, swing*, and are garments worn by women while undertaking kapa haka or a Māori dance performance) which represents Haida Gwaii to the North and New Zealand to the south, while the hoe (paddles) on the sides represent the shared connection to the Pacific Ocean and the commonality as ocean-going peoples. And yet again, our Te Tini a Maui Kapa Haka cultural dance group were invited and able to share song and dance at the evening event after the opening of the Health Centre. And it wouldn't be the same without sharing numerous laughs late into the night. I think the Skidegate community are just use to us being noisy now!!! Haawa XaaydaGa Dlaang Society for your kindness and ongoing hospitality – we cannot wait to welcome you to Aotearoa to repay the hosting.



To all of our family (clients)

These are only a few examples of how honoured we are to live and work (ok and play up a little bit) in these beautiful territories of Turtle Island. I think our newsletter would be 100 pages long if we could thank each and every one of our 300+ clients that we now call family. Thank you on behalf of your Kāhui Tautoko Kanata (Canada) team for allowing us to be part of your wellness journeys and hopefully contribute in some small way to building prosperous, thriving, and healthy communities. It is truly incredible that we get to do this work and make some very special connections and relationships with you all.

NEWS FROM TE TINI A MĀUI – our little Kapa Haka roopu in Vancouver



2023 PERFORMANCES



NATIONAL INDIGENOUS PEOPLES DAY – VANCOUVER SCHOOL DISTRICT



OPENING OF THE NEW SKIDEGATE HEALTH & WELLNESS CENTRE - HAIDA GWAI



NZ CONSULATE END OF YEAR FUNCTION – PINNACLE HOTEL, VANCOUVER

